Phrases to help with letter formation

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| Letter | Phrase |
| a | Round the apple and down the leaf |
| b | Down the laces to the heel and round the toe |
| c | Curl around the caterpillar |
| d | Round the dinosaurs bottom, up his tall neck and down to his feet |
| e | Lift off the top and scoop out the egg |
| f | Down the stem and loop around the flower |
| g | Round her face, down her hair and give her a curl |
| h | Down the head to the hooves and over his back |
| i | Down the insects body and a dot for his head |
| j | Down his body, curl and dot |
| k | Down the kangeroo’s body, around and kick |
| l | Down the long leg |
| m | Down Maisie over the mountain, mountain |
| n | Down Nobby and over his net |
| o | All around the orange |
| p | Down the plait and over the pirate face |
| q | Round her head, up past her earrings and down her hair |
| r | Down the robots body then curl over his arm |
| s | Slither down the snake |
| t | Down the tower and across the tower |
| u | Down and under, up to the top and draw a puddle |
| v | Down a wing, up a wing |
| w | Down, up, down, up |
| x | Down the arm and leg and repeat the other side |
| y | Down a horn, up a horn and under his head |
| z | Zig-zag-zig |