

# Covid-19 secure activity assessment



To manage the risk of transmission of Coronavirus this assessment describes the steps we must all take.

We must accept the outdoor environment, by its nature, is uncontrolled in terms of what may or may not be contaminating surfaces. There are many soil and water borne pathogens that we successfully manage under normal conditions, using industry standard practices.

During the current pandemic:

- We will meet all groups at a hand wash station
- We will finish sessions at a hand wash station
- We will only allow food and drink to be consumed (during the session) if we first go to a hand wash station, and wash hands again before rejoining the session. Hand wash can mean soap and water or hand sanitizer.
- We encourage users to be mindful of using alcohol and chemical hand wash, and the risk of contaminating safety critical Personal Protective Equipment (PPE) (i.e. harnesses and helmets). Domestic hand wash and water is least damaging and is available at hand wash stations.
- Instructors will remain socially distanced to groups unless absolutely necessary (see category 3 below)
- Bubbles are encouraged to maintain social distancing where possible
- Household/family groups\* will be encouraged not to mix with other household / family groups
- Follow current first aid guidance. Resuscitation Council UK advises no change to CPR on children.

Activities have been grouped into 3 categories based on the level of control required. The assumption is all of the generic controls (above) are followed

Group 1 will require no additional controls

Group 2 will require minor control measures (e.g. cleaning lent equipment)

Group 3 will require covid-19 specific PPE (e.g. where social distancing cannot be maintained)

*\*(Support bubble/family group/household as defined by England Government guidance)*

Activity	Group	Control measure
Fitting PPE	3	<p>During sessions where PPE must be worn by the client (climbing, high ropes, challenge course, raft building, low ropes) the instructor will talk the group through how to fit the equipment. Once the participants have done as much as they can, the instructor will wash their hands, put on a face shield and physically check the PPE. If the instructor wishes to wear a face mask they can but it is not compulsory.</p> <p>While doing this they should try to avoid speaking to the client – they should explain to the client before doing this why they are being quiet. As much as possible they should adjust harnesses from the side to prevent direct contact.</p> <p>After they have done the checks they must wash their hands again.</p> <p>At the end of the session the group should take the PPE off themselves as much as possible. If they are not able to the instructor will need follow the procedure for fitting PPE.</p>

Abseiling	3	<p>One chest harness will be issued per family group/ social bubble for their session it will need to be cleaned at the end of the session. As a result this can only be currently done by social bubbles/ family groups.</p> <p>While at the top of the tower with participants the instructor will need to wear a face shield.</p> <p>Ropes will need to be washed afterwards</p>
African Drumming	2	Quarantine drums after use
Archery	3	Follow Archery GB guidance. Currently two families / social bubble maximum
Ballista Challenge	2	Sponges could transfer virus. Use bean bags against foam block wall/fort. Quarantine after use.
Blindfold Trail	2	Wash helmets and blindfolds after each group
Boulder Field	1	Wash or quarantine any equipment used
Caving		DO NOT RUN – enclosed space, not possible to properly clean.
Challenge Course	2	Wash helmets and rope spider after use
Circus Skills	2	Wash or quarantine equipment after use
Climbing	3	<p>One chest harness will be issued per family group/ support bubble for their session it will need to be cleaned at the end of the session. As a result this can only be currently done by support bubbles/ family groups.</p> <p>Ideally the family group will be able to put the rope through the chest harness and clip the participant in, the instructor should then ask the participant to do a squeeze check to show they are properly clipped in – if they are unable or the instructor is unsure about it the instructor will need to put on the face shield and check.</p> <p>If a rescue is needed (very unlikely) the instructor will need to tie off the belay plate, clip in another person and go up the tower (training will be provided on this). They should wear a face shield while doing this</p> <p>To mitigate against risk of touching ropes and minimise the risk that the instructor has to step in due to poor rope management, the instructor should belay all participants using a gri-gri and ground anchor system – training will be provided on this</p> <p>Ropes and clips will need to be washed and hung up to dry at the end of each day</p>
Craft Activities	2	Wash equipment after use
Disco	2	Wash or quarantine equipment after use
Earth walk and Games	2	Wash equipment after use
Giant Games	2	Wash or quarantine equipment after use
Gruffalo	2	Wash or quarantine equipment after use
High Ropes	3	<p>Pulleys are issued to each client and clipped on and checked by the instructor as part of the PPE fitting using a face shield – At the end of the session the pulleys need to be washed, they can be reissued if still wet.</p> <p>Rescues from the course minimised as much as possible.</p> <p>If a rescue is needed the instructor will follow normal procedure but wear a face shield – they must not wear a face mask due to entrapment</p>

		risk
Maze	1	
Nature Activities	2	Wash equipment after use
Nightwalks	2	Wash equipment after use
Orienteering	1	If issuing Sayers Croft equipment, wash or quarantine after use.
Pond Dipping	2	Wash trays and other equipment after use, quarantine nets and buckets.
Puzzlers & Amazing Mazes	2	Wash or quarantine equipment after use
Rafts	3	<p>Buoyancy aids and helmets to be washed after each session.</p> <p>The close contact required on the raft and getting on and off this can only currently be run for support bubbles/ family groups</p> <p>In non-emergency rescue situations, the instructor should wear a face shield. In emergencies (ie a child face down in the water) this is not required.</p>
Roundhouse Activities	2	Wash or quarantine equipment after use. Be aware of limited space inside the roundhouse.
Search and Rescue	2	Wash or quarantine equipment after use
Shelter Building	2	Wash or quarantine helmets after use
Stone Age activities	2	Wash or quarantine equipment after use
Stream Study	2	Wash trays and other equipment after use, quarantine nets.
Stream Walk	2	Quarantine any borrowed wellies
Team Challenge	2	Wash or quarantine equipment after use
Team Play	2	Wash or quarantine equipment after use
Walks	1	
Woodland Ropes	3	<p>If a rescue is needed the instructor will follow normal procedure but wear a face shield – they must not wear a face mask due to entrapment risk</p> <p>Increased number of clips to eliminate sharing, wash clips along with PPE</p>
WWII History Trail	2	Wash or quarantine equipment after use. Be aware of limited space in the history room.